



Evaluating  
Healthy  
Michigan

# Evaluating Healthy Michigan

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# Defining Health

## Medical Model of Care:

Health is an absence of any signs or symptoms of disease.

## World Health Organization (WHO):

“Health is a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity.”

How we define health will change how health can and should be evaluated.

# Healthy Michigan Plan Outcomes

- 638,845 beneficiaries receiving coverage
- Higher rates of diagnosis for chronic conditions (diabetes, high cholesterol, and depression)
- Greater access to primary care
- Encouragement of healthy behaviors
- Reduced stress and improved financial stability

# Expansion States Vs. Non-Expansion States

## Expansion is:

- Closing the coverage gap
- Providing better margins and stability for rural care centers and safety-net institutions
- Decreasing uncompensated care
- Encouraging health sector job growth
- Creating stronger health systems for all patients

# What's Next?

- Repeal (and *replace*)?
- Block grants
- Health Savings Accounts (HSA)

# Medicaid Expansion Within US Health System

## Characteristics of US Health System

- Only advanced nation without guaranteed healthcare
- Highest healthcare spending (either per capita or as percent of GDP)
- Mediocre measures of health (e.g. life expectancy, infant mortality rates)
- Coverage gaps due to cost of care (price rationing)

## Areas for Policy Consideration

- Comparative Effectiveness Research (CER), while controversial in US, is widely practiced in other health systems and could reduce cost of care (and improve quality)
- Greater emphasis needed on prevention and public health
- Access to basic care and essential health services is immeasurably valuable



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